spark
LIFECARE

We do everything we can to help you live your best life.

Imagine a healthcare experience that's all about you – with personalized care and therapy tailored to your unique needs and goals. That's our vision, and it's *pretty simple*.

At Spark Lifecare, we believe care should be personal, straightforward, and accessible for everyone. We offer streamlined, full-service care across Ontario and Canada with your community's top healthcare providers – working together in "one place."

1 888.201.0250 hello@sparkcares.ca sparkcares.ca

At Spark, We Do Community Healthcare *Differently*.

Bringing You the Convenience of Care

We believe that healthcare should not be confined to walls of clinics and hospitals but a journey that brings us to your doorstep.

At Spark, we deliver care to you, right where you're most comfortable – at home and in your community.

Delivering Quality Care

We provide our care providers with the support, tools, and resources they need to offer you the best care. From a wide range of support services to community programs, our providers are not just the professionals you seek, but the "partners" you need.

Building Your Dream Team

We match you with trusted, respected, and dedicated healthcare providers – the kind of people you'd want in your corner, working together to make sure you receive the best quality care. *Think of it like building your own all-star healthcare team.*

Learn more about our approach to care: sparkcares.ca/approach

Why Choose Care with Spark?

1

An Exceptional Care Team

Our healthcare providers form an exclusive and diverse team, selected from a rigorous hiring process, united by our shared passion for helping people live their best lives.

2

Personalized Care and Therapeutic Support

From day one, our team helps customize your care and match you with the right provider, providing schedule control and flexibility for a trusted, consistent experience.

3

Streamlined Administration and Documentation

Our secure Family Portal grants easy access to your documentation, and administrative tasks are managed by us, giving you more time to focus on what matters most.

1 888.201.0250 hello@sparkcares.ca sparkcares.ca

Services

● Children & Youth ● Adults ● Seniors

We offer streamlined care and therapeutic services tailored to meet your unique needs and preferences, ensuring a personalized and effective approach to your overall well-being and recovery. For a complete list of our service offerings, visit sparkcares.ca/services

CARE SUPPORT

Caregiving ● ● ●

- Personal Support ● ● ●
- Attendant Care ● ● ●
- Respite Care ●
- Companion Care ● ●

Nursing ● ● ●

- Practical Nursing (RPN)
- Nursing (RN)
- Footcare
- NPx Assessments

THERAPY & WELLNESS

Occupational Therapy ● ● ●

Speech Therapy ● ● ●

Behavioural Therapy (ABA) ● ● ●

Dietitian ● ● ●

Case Management ● ●

Social Work ● ● ●

Rehabilitative Assistance (OTA/PTA/CDA) ● ● ●

Complementary Care ● ● ●

Psychotherapy ● ● ●

Kinesiology ● ● ●

Physiotherapy ● ● ●

Personal Training ● ● ●

Community Programs

Our programs include specialized social support groups for youths and adults, as well as training sessions and support tools aimed at empowering parents and caregivers.

For a complete list of our offerings, visit sparkcares.ca/programs

SOCIAL GROUPS

Youth on the Go! ●

For high-functioning, independent and verbal youths (ages 13-17)

ABI/TBI Connections ●

For young adults (ages 18-30) living with ABI, TBI, or other Neurological Conditions

TRAINING

Stepping Stones Triple P ●

For families and parents of children with autism or other support needs

LUNCH & LEARN

ABA Monthly Series ●

For parents and care providers

Note: Information on our services and programs may be subject to change.

● Children & Youth ● Adults ● Seniors

spark

Get Started with Spark

Make a Referral

If you are in need of care or therapeutic support for you and your family, please complete our referral form:

sparkcares.ca/get-started

General Inquiries

For general inquiries about our offerings or prices, please get in touch with us at hello@sparkcares.ca or call 1 888-201-0250.

Schedule a Consult

Book a call with us for a general consultation about our services, costs, and support options:

sparkcares.ca/consult

Our Locations

We service different locations across Ontario and Canada.

Headquarters

10 Florence Street
Ottawa, Ontario, K2P 0W7
Canada

hello@sparkcares.ca

1 888.201.0250

You Can Find Us In:

ONTARIO

- ✓ Ottawa
- ✓ Cornwall
- ✓ Halifax
- ✓ Kingston
- ✓ Brockville
- ✓ Quinte
- ✓ Hamilton

ALBERTA

- ✓ Calgary

BRITISH COLUMBIA

- ✓ Nelson

Not In Your Area?

If you would like to access Spark services in your area, please contact us to express your interest and help us expand our reach!

About Spark Lifecare: Spark Lifecare is an innovative and award-winning inclusive and equity-focused organization that promotes client access to personalized collaborative care and therapy in homes and communities across Canada. Learn more at sparkcares.ca

© Copyright 2026 Spark Lifecare, All rights reserved. Last Revision: November 5, 2026

spark LIFECARE

Price Chart

Service Breakdown and Age Group Offerings

Children & Youth Adults Seniors

Care Services

CAREGIVING

Respite, Companion, and Attendant Care

Basic Care

Home	$43.50 /hr
Community[1]	$54 /hr

Complex Care

Home	$49.50 /hr
Community[1]	$60 /hr
Community + Mileage[2]	$55 /hr
Acute Crisis	$61.50 /hr
Medical	$55 /hr

NURSING

Reg. Nurse (RN)	$75 /hr
Reg. Practical Nurse (RPN)	$65 /hr
Footcare	$105 /visit
Nurse Practitioner (Acute Injury, Illness)	$175 /assessment

OVERNIGHTS

Overnight, Sleeping Shift	$30.75 /hr

ADD-ONS

Extra Client[3]	$10 /hr
Overnight[3] (Active Care)	Base rate + $2.50 /hr
Mileage	$0.65 per km
Travel Time[4]	Base hourly rate
Assessments	Rates vary

Therapeutic Services

COMMUNITY THERAPY

Base rate for private services[5] .

	Adults	All-Inclusive[6]	Peds	All-Inclusive Peds[6]
Occupational Therapy	$140 /hr	$200 /hr	$175 /hr	$225 /hr
Speech Therapy	$150 /hr	$200 /hr	$175 /hr	$225 /hr
Behavioural Therapy (ABA)	$150 /hr	$200 /hr	$150 /hr	$200 /hr
Physiotherapy	$140 /hr	$200 /hr	$175 /hr	$225 /hr
Dietitian	$140 /hr	$200 /hr	$140 /hr	$200 /hr
Social Work	$175 /hr	$225 /hr	$175 /hr	$225 /hr
Therapy Assistance[7] (OTA/PTA/CDA/BTA)	$80 /hr	$115 /hr	$80 /hr	$115 /hr
Kinesiology	$95 /hr	$130 /hr	$95 /hr	$130 /hr
Case Management, MVA	$140 /hr	$200 /hr	$140 /hr	$200 /hr
Psychotherapy	$160 /hr	$225 /hr	$160 /hr	$225 /hr

1. Our community rate includes $9.50/hr for mileage and recreational activities.
2. Our community + mileage rate includes $5.50/hr, exclusively for mileage costs during shifts.
3. Addition to the base service rate.
4. Travel time only applies to therapy services
5. There may be additional indirect costs associated to travel time, assessments, and reports.
6. All-inclusive rates are determined on a case-by-case basis, depending on your needs, location, and available funding sources. Pricing may vary depending on availability and travel distance. *Please ask for details upon referral.*
7. All services carried out by a Therapy Assistant (OTA,PTA,CDA, BTA) are assessed and overseen by a Regulated Healthcare Practitioner (OT, PT, SLP, BCBA).

Note: HST to be applied to services, as appropriate, depending on funding source.

1 888.201.0250 hello@sparkcares.ca sparkcares.ca